

December 2019

MANY THANKS TO THE EVENT SPONSORS WHO MADE OUR *ON THE MAP* PROGRAM A SUCCESS



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SPECIAL THANKS TO OUR EVENT CO-CHAIRS

NORMAN FEITELSON, DOUG GOLDNER AND LORI WEISS

WITH APPRECIATION FOR FILMMAKER, DANI MENKIN AND LION HOUSE AGENCY

WITH GRATITUDE TO SWEET SEIDNER'S



THE TOWERS
AT TOWER LANE

OPENING MINDS THROUGH ART

THE TOWERS NEW EVIDENCE-BASED ART PROGRAM



CREATIVITY, CONNECTION and COMMUNITY

Opening Minds Through Art is a new cutting-edge evidence-based program at The Towers. The launch has been life changing to all those involved. The program is specifically designed to impart spontaneity, sensory stimulation, and pride while creating meaningful and beautiful works of art. *Opening Minds Through Art* increases validation and purpose to those who may not have a stage on which to shine. Through OMA art shows across the country, communities have the opportunity to learn about seniors while enjoying their talents. We are looking forward to showing and sharing the incredible art work of our Towers residents with the entire community later this winter.



Cathy Weiss, gerontologist, artist, and longtime friend of The Towers interviewed residents, staff, and volunteers. She was so impressed, not only with the artwork, but with the personal connections that have been made between the trained volunteers and participating residents. We are delighted and grateful that Cathy will be helping curate the Gallery Opening for *Opening Minds Through Art* in our new Catherine Weiss Art Gallery at The Towers at Tower Lane.

To learn more or to get involved with *Opening Minds Through Art* please contact Sarah Moskowitz, Volunteer Coordinator, at (203) 772-1816, ext. 410, or Sarah@towerone.org.

Life Affirming Programming

We are grateful for the generous support from Legacy Heritage Fund that has enabled us to provide intergenerational programming for our senior residents.



Towers Foundation: Loving Kindness in Action

Tributes

Ms. Lucille Alderman in honor of Shirley Abrams' 95th birthday
Mr. & Mrs. Joseph Blumberg in memory of Marge Sydney
Ms. Elizabeth Brochin in honor of Esther Brochin's 90th birthday
Dr. & Mrs. Jesse Cedarbaum in memory of Robert Breiner
Mr. Robert Cole in memory of Marge Sydney
Mr. & Mrs. Gustave Davis in honor of Esther Brochin's 90th birthday
Mr. Norman Feitelson in memory of Lee Feitelson
Mr. & Mrs. Quentin Fisher in honor of Bina Fenig's unveiling
Mr. & Mrs. Russell Gaidosz in memory of Patricia Folson
Mr. & Mrs. Zelly Goldberg in memory of Beverly Weinstock
Mr. & Mrs. Daniel Iead in memory of Sylvia Zeid
Mr. & Mrs. Daniel Iead in memory of Beverly Weinstock
Mr. & Mrs. Daniel Iead in honor of Esther Brochin's 90th birthday
Ms. Irma Kelson in memory of Marge Sydney
Ms. Irma Kelson in memory of Virginia Griesing
Ms. Sara Mag in memory of Marge Sydney
Mr. Robert Moore in honor of Esther Brochin's 90th birthday
Mr. & Mrs. Nicolas Olshansky in honor of the birth of Barbara Katz's grandson
Mr. & Mrs. Nicolas Olshansky in honor of the wedding of Dorothy Giannini-Meyers' granddaughter.
Ms. Sylvia Rifkin in honor of Esther Brochin's 90th birthday
Ms. Caroline Sands in memory of Rose Less
Mr. & Mrs. Paul Sepowitz in memory of Bernard Horowitz
Mr. & Mrs. Paul Sepowitz in honor of Isidor Juda's 98th birthday
Ms. Beatrice Smirnoff in honor of Esther Brochin's 90th birthday
Ms. Janet Tettelbach in honor of Esther Brochin's 90th birthday
Ms. Michale Thalberg in memory of Marge Sydney
Marion & Larry Winkler in memory of Sylvia Zeid

**Date range for Tribute List is 10/17/2019 – 11/14/2019*



Lucy the Dog, in her Towers cap and checked coat, brings some extra winter cheer!



The Towers makes every effort to list donors as they wish. To make a correction, please contact Jennifer Bayer.

To make a gift in someone's honor or memory, contact Jennifer Bayer, Director of Development and Community Relations, (203) 772-1816, ext. 290, Jennifer@towerone.org. A beautiful card will be mailed to the recipient.



Photos from the screening of the film "On the Map" at The Towers at Tower Lane November 17, 2019



There's So Much To Do!

Weekly Programming

Sunday

2:00 pm Afternoon Movie
7:00 pm Evening Movie

Monday

10:30 am Bimonthly Seamstress Service
10:30 am Chair Exercise
1:00 pm Manicures
2:00 pm Yiddish Group
7:00 pm Evening Movie

Tuesday

10:00am Bimonthly Chair Massage
1:00 pm Healthy & Fit Exercise
7:00 pm Evening Movie
7:30 pm Bimonthly Dance Group

Wednesday

10:45 am Towers Chorus
1:00 pm Knitting & Crochet
2:00 pm Bingo
1:00 pm Stay Balanced/Fall Prevention Program
7:00 pm Evening Movie

Thursday

10:30 am Art Class
1:00 pm Healthy & Fit Exercise
2:00 pm Adult Coloring
7:00 pm Sports Trivia
7:00 pm Evening Movie

Friday

11:00 am Chair Exercise
11:00 am Bible Study
12:45 pm Gospel Choir
1:00 pm Create-a-Word
2:00 pm Tai Chi
2:45 pm Trivia
5:30 pm Dominoes
7:00 pm Shabbat Service

Saturday

10:00 am Shabbat Service
2:00 pm Afternoon Movie
6:30 pm Bingo
7:00 pm Evening Movie

Dec 2019

Watch for these Upcoming Events

Dates and times are subject to change.

Sunday Dec 1

1:00 pm Music of Gary Andreadis

Monday Dec 2

12:45 pm Betsy Stern
3:00 pm Monthly Poetry Meeting

Tuesday Dec 3

4:30 pm Out Trip– Fantasy of Lights

Friday Dec 6

10:00 am Shopping Trip – Stew Leonards

Sunday Dec 8

11:00 am Dance Program
11:30 am Out Trip– JCC Crafts Fair

Monday Dec 9

10:30 am Bimonthly Hearing Clinic

Tuesday Dec 10

10:00 am Bimonthly Coffee Klatch

Sunday Dec 15

12:30 pm Classical Guitar Performance
3:00 pm Out Trip– Cantor's Concert at Temple B'nai Jacob

Thursday Dec 19

1:30 pm Towers Chorus Holiday Sing a Long
6:30 pm Out Trip– NHSO Holiday Performance

Sunday Dec 22

1:30pm Holiday Karaoke
4:00pm 1st Chanukah Candle Lighting

Monday Dec 23

4:00 pm Chanukah Candle Lighting
7:00 pm Welcome Dr. David Chevan & the Nu Haven Kapeyle

Tuesday Dec 24

10:00 am Bimonthly Coffee Klatch
4:00 pm Chanukah Candle Lighting

Wednesday Dec 25

12:00 pm Early Dinner
4:00 pm Chanukah Candle Lighting

Thursday Dec 26

4:00 pm Chanukah Candle Lighting
4:45 pm Out trip– Kwanzaa Community Celebration at City Hall

Friday Dec 27

3:45 pm Chanukah Candle Lighting

Saturday Dec 28

5:00 pm Chanukah Candle Lighting

Sunday Dec 29

4:00 pm Chanukah Candle Lighting

Monday Dec 30

6:30 pm Resident's Association New Year's Eve

Please Note: Some regularly scheduled programs may be cancelled to accommodate other additional programs. We strive to frequently offer new programs in a wide variety of topics.