

Date: August 20, 2021  
To: Residents, Families, and Friends  
From: Gustave (Gus) Keach-Longo, President/CEO

RE: **Re-opening of our Dining Program and Rosh Hashanah Meal Update**

### **Dining Services**

With guidance provided by the Connecticut Department of Health, we are happy to announce we will be re-opening the Café and the Dining Room for in-person dining beginning Monday, August 23 for breakfast, lunch and dinner. To help keep the spread of the virus at a minimum, only 3 residents at a time will be allowed to sit at a table. We also ask that residents keep their masks on when not eating and that they remain as socially distanced as possible when in the Café or Dining Room.

Times for meals are breakfast, 8:00 am – 11:00 am, lunch, 11:30 am – 3:00 pm and dinner, 4:00pm – 6:30 pm; seating will be on a first come, first served basis. Initially we will have 5 tables in the Café and 5 tables in the Dining Room. With 2 seatings for dinner, we will be able to accommodate 40 residents to enjoy dinner with their friends and neighbors.

If you are unvaccinated, we prefer you not attend in-person dining. We will not request your vaccination status, however, for everyone's safety, please respect this request.

Due to the increased risk of the virus in our area, visitors may carry the virus even if vaccinated or tested. Since eating requires the removal of masks, we ask that for now, visitors do not have meals with our residents in the Café and/or the Dining Room. We are hoping this protocol will reduce a potential exposure to our residents. This may seem a little overly cautious, but we are following the advice of the expert epidemiologist from Yale.

### **Rosh Hashanah Meal**

Dining Services will be providing a wonderful and delicious Rosh Hashanah meal to those residents who are on the meal plans. For residents who want to order and pay for a Rosh Hashanah meal, please fill out the menu that will be distributed next week. Your monthly invoice will reflect the charge of \$18.

For friends and family who would like to join a resident in their apartments and order a Rosh Hashanah meal from Dining Services, please see the attached menu. You can place your order by contacting Jennifer Bayer at [jennifer@towerlane.org](mailto:jennifer@towerlane.org) or by calling 203-772-1816 x 290. Again, each meal will be \$18.

If you are going to eat with a resident in his/her apartment to celebrate Rosh Hashanah, we strongly expect all visitors to diligently follow these protocols:

1. Be extra careful from now through the Rosh Hashanah to limit time and exposure to others beyond members of your immediate household.
2. You must show our Front Desk staff either your vaccination card with a photo ID, or a negative COVID test administered within the prior 7 days.
3. Upon arrival at The Towers, please wear a mask, sanitize your hands and have your temperature taken at our screening kiosk.
4. Keep masks on while visiting --- even while in the apartment. It would be wise for our resident to wear a mask too.
5. Rosh Hashanah dinner will be delivered starting at 4:30 pm.
6. Remain 6 feet apart while unmasked and enjoying the meal. Consider opening a window for air circulation.
7. Once the meal is over, wear mask until you exit our building. Please do not visit other residents and share meals causing you to remove your mask.
8. If we learn of any transmission of the virus, we will contact you and ask you who you visited.

We believe with these procedures in place in the Café and Dining Room, as well as in residents' apartments during Rosh Hashanah, we can again safely enjoy each other's company. We appreciate your help by carefully following our protocols as listed above.

**Staying Strong, Staying Safe and Staying Connected -- Gus**

RESIDENT \_\_\_\_\_ APT# \_\_\_\_\_

# **ROSH HASHANAH 2021**

**MONDAY, SEPTEMBER 6<sup>TH</sup>**

## **DINNER MENU**

CHICKEN MATZAH BALL SOUP

OR

SALAD

GEFILTE FISH

CHALLAH ROLL

## **ENTRÉE CHOICE**

BEEF BRISKET

HORSERADISH ENCRUSTED SALMON

HONY GLAZED CHICKEN

## **DESSERT**

APPLE CRISP

RESIDENT \_\_\_\_\_ APT # \_\_\_\_\_

# **ROSH HASHANAH 2021**

**TUESDAY, SEPTEMBER 7TH**

## **DINNER MENU**

BUTTERNUT SQUASH SOUP

OR

SALAD

LIVER PATE'

CHALLAH ROLL

## **ENTRÉE CHOICE**

PRIME RIB OF BEEF

STUFFED FILET OF SOLE

STUFFED BREAST OF CHEICKEN

(APPLE STUFFING)

## **DESSERT**

HONEY CAKE