

Date: December 30, 2021  
To: Residents, Families, and Friends  
From: Gustave (Gus) Keach-Longo, President/CEO  
RE: **COVID-19 Update**

I wanted to send one more COVID-19 update before the New Year and as we embark on our revised testing protocols next week.

We do know that with the surge of positive COVID cases, some of our residents have had exposures. Until we can start our testing protocols again, we ask that everyone, but especially those who know they have had an exposure, to be extra cautious.

**PLEASE** wear your masks everywhere and keep them over your noses and mouths, keep socially distanced and stay in your apartment as much as you can. If you do start to show signs or symptoms (e.g. new persistent coughing, fever, etc.), please let us know and contact your physician.

The earliest we can test is starting next Wednesday. Residents will be tested in their apartments on Wednesdays, starting January 5, between 8:30am – 5:00pm. Caregivers/Team Members/Visitors will be tested in the Dining Room on Thursdays, starting January 6, between 8:30am–7:00pm.

### **Protocols to Enter The Towers as of January 11th**

To reiterate, we will be adjusting our protocols for entering The Towers. Starting January 11th, all non-resident individuals (e.g. caregivers, team members, visitors) will be required to present a negative COVID test administered within the previous 7 days. This is regardless of vaccination/booster status.

We'll all get through this together, but only if we remain diligent with the safety protocols that have gotten us through this far.

To every one of my dear friends at The Towers, I wish each of you a Healthy and Happier 2022.

**Staying Strong, Staying Safe and Staying Connected! -- Gus**